

Curriculum vitae

Objective

To begin my career at a highly-reputed and eminent educational institute and to gain exceptional career move ahead through long efforts and performance regularity.

Personal details

Name : Sonali Sangrulkar

Date of Birth : 29/10/1983

Gender : Female

Religion : Christian

Nationality : Indian

Marital Status : Married

Permanent Address : Sea Breeze, ground floor

Near Municipal dispensary

Warinpada Khar (W)

Mumbai: 400052.

Contact No : 9619632881

Languages Known : English, Marathi, and Hindi.

Education Qualification

STANDARD	BOARD	YEAR OF PASSING	PERCENTAGE
S.S.C	Maharashtra Board	MAR – 1999	54.53%
H.S.C	Maharashtra Board	FEB – 2001	44.00%

Professional Qualification

NAME OF THE COURSE	PERIOD	INSTITUTION	YEAR OF PASSING	PERCENTAGE
GNM	AUG – 2001-2004	TERNA INSTITUTE PANVEL	2004	62.69%
PBBS	JUN – 2010-2012	BHARATI VIDYAPEETH UNIVERSITY	2012	68.58%
MSc	AUG 2012-2014	P.D. HINDUJA COLLEGE OF NURSING	2014	71%
PhD	PURSUING	JJT UNIVERSITY	-	-

Work experience

area	Duration	INSTITUTION	Designation	YEAR (from)	YEAR (to)
Clinical experience	3 years 9 months	Holy Family Hospital	Staff nurse	9/1/2005	23/10/2008
Teaching experience	1 year	Seva Mandal Education Society	Clinical Instructor	3/8/2014	23/7/2015
	1 year	Holy Spirit Institute of Nursing Education	Lecturer	1/8/2015	31/07/2016
	2 years	K. J. Somaiya college of nursing	Clinical Instructor	1/08/2016	Till date

Publications

JOURNAL ARTICLES

Sr no	Research publications	Name of the journal	Year	Volume	Issn no
1	Forensic nursing - A brief review	(IJANM) International Journal of Advance in Nursing Management	2017	05	2347-8632 (P) 2454-2652 (O)

UPCOMING PUBLICATIONS

Sr no	Publications	Name of the journal	Year	Volume	Issn no
1	Planned teaching programme to quit smoking by self changing strategies				
2	Plagiarism (Review article)				

CONFERENCES AND SEMINAR

Sr no	Poster Presentation topic	Name of the institute	Year
-------	---------------------------	-----------------------	------

1	Planned teaching program among primary caregivers of children (1 - 5 yrs) on dyslexia	Sadhu vaswani college of nursing	2016
---	---	----------------------------------	------

INTERNATIONAL PUBLICATION

Sr no	Research publications	Name of the journal	Year	Volume	Issn no
1	Identify old age problems & adaptive strategies used by them	(IJANM) International Journal of Advance in Nursing Management	2015	03	2347- 8632 (P) 2454- 2652 (O)
2	Knowledge & practice of mothers about URTI among under 5 children	(IJANM) International Journal of Advance in Nursing Management	2018	06	2347- 8632 (P) 2454- 2652 (O)

Achievements.

- Judged a city level street play and poster competition during “World Mental Health Week Celebration” on 16th October 2015 at P. D. Hinduja College of Nursing.
- Organized National Conference on the Theme: Behind the veil: ”Domestic violence” - prejudice of hypocrisy of the society! On 17th September 2016.

- Organized Continuing Nursing Education (CNE) in 2017 & 2018 on the topic “Moving upstream- Improving health through community collaboration & innovation.

Other Activities

- Worked as cap scrutinizer summer 2017
- Co – ordinator of 1st year GNM batch
- Community lab incharge
- Paper correction for MNC
- Community posting co-ordinator for Jaitwan & Dahanu
- Organized summer camp in community set up in 2017.
- Organized school health camp in Dahanu.
- Organized A. V. Aid workshop for 1st year GNM students in 2017
- Member of NAAC committee.

Professional Membership:

1. TNAI life time member.

Participated in Conferences / Workshops / In service education Programme

- ❖ Participated in the **National level Conference** on “**Medico-Legal Aspects in Nursing**” organized by Bharati Vidyapeeth Deemed University College of Nursing, Sangli. From 2nd & 3rd Feb .2011
- ❖ Participated in the **In-service Education Programme**, organized by Bharati Hospital and research Center Sangli on various Nursing practices & minor ailments in emergency in 2011
- ❖ Participated as delegate in “**Resident as teacher- Basic Workshop in Educational Methodology**” under Teacher’s Training Institute held on 9th – 10th October 2012.
- ❖ Participated in the workshop on “**Disaster management**” organized by Hinduja College of nursing on 21st November 2012.
- ❖ Participated in the workshop on “**Diverse competencies: comprehensive approach to CCN**” organized by CCNS of Hinduja college of nursing on 22nd November 2012.
- ❖ Participated in the workshop on “**Curriculum Development**” organized by Hinduja College of nursing on 13th December 2012.
- ❖ Participated in the four-hour workshop on “**MDG goals & Research methodology**” at Hinduja hospital on 18th December 2012
- ❖ Participated in the” **Training of trainers programme on Breast Feeding**” organized by Hinduja college of nursing in collaboration with Breast Feeding Promotion Network of India on 10th August 2013.
- ❖ Participated in the seminar on “**Recent trends in burns management**” organized by National Burns Center on 24th August 2013.
- ❖ Participated in the **International conference on nursing education** held on 6th and 7th September 2013 organized by Indian Red Cross Society.
- ❖ Participated in the workshop on “**Preceptor ship-Empowering Novices**” organized by Hinduja College of nursing on 30th June 2014.

- ❖ Participated in the workshop on **“Ingenuity @ work”** organized by Hinduja college of nursing on 4th July 2014.
- ❖ Participated in the XXVII SNA Biennial Conference on the Theme: **“Empowering nurses through advanced technology”** held on November 29th to December 3rd 2017organised by SNA of TNAI.
- ❖ Participated in state level conference on **“KYC – Know Your Child”** held on 24th & 25th March 2017.

DECLARATION

I do hereby declare that the above furnished information given a is true and correct to the best of my knowledge

Place:

Date

Signature: